



Parks, Recreation & Culture

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Northglenn Senior Center Virtual Activities (May 3 – May 7)

Join the City of Northglenn Senior Center in some FREE weekly virtual activities! Links to each online activity are listed below. To help us keep you informed about changing schedules, please make sure that we have an updated email address for you. You don't want to miss anything! Questions? **Call 303-450-8801.**

The Senior Center is OPEN – The Northglenn Senior Center is open and available by appointment only. Reservations must be made in advance online or by calling the Senior Center. Borrow/return books and puzzles from our library, get one-on-one help with technology (getting online can help you stay connected and stay safe), obtain resource information, or just say hello! Masks are REQUIRED.

Vaccine Information – Two main resources currently exist to learn about vaccine information.

1. *Tri County Health* | Website <https://www.tchd.org/866/COVID-19-Vaccine> | Phone 303-389-1687
2. *Colorado Department of Public Health and Environment (CDPHE)* | Website <https://covid19.colorado.gov/for-coloradans/vaccine/vaccine-for-coloradans?fbclid=IwAR3WgV7w-pMYv7ubfvvSmBO2U-KQ9uOdfb9ZQlx89nDBau-YfbIVAWInnsQ> | Colorado Hotline 1-877-CO VAX CO
3. *Colorado COVID-19 Vaccine Spotter* <https://www.vaccinespotter.org/CO/>

Wednesday Wag – Beginning May 5 at 10 am. Get some sunshine with your pup at a safe and socially distanced gathering at the Bill Goodspeed Happy Tails Dog Park, Leroy and Irma Dr. Staff will be there handing out Doggie Bags to attendees.

FB Live Fitness – Taught by local Northglenn instructors. Join the NG Fit Facebook group and tune in to a weekly schedule of Yoga, Classic, Cardio, Stability, Strength Training, and more. Get active while staying safe at home. A Facebook account is required to participate. Link to the Facebook group is here: www.facebook.com/groups/NGFit/

Live Virtual Bingo – Every Tuesday | 10:00 am | RingCentral Meetings. Come play a few games with us online! This activity is both video and land line telephone friendly. Call or email the Senior Center to arrange for a contactless pick up of Bingo cards. We can also email you a PDF file that you can print out at home. <https://meetings.ringcentral.com/j/1482883995> | Call In 720-961-5043 | Meeting Number 148 288 3995

Live Virtual Coffee – Every Thursday | 10:00 am | Ring Central Meetings. Brew a cup of coffee or tea, log on or call in with your land line telephone, and safely interact with friends. This is a great time to test out RingCentral if you're a first-time user. We can't wait to see or hear from you! Click on this link to join in <https://meetings.ringcentral.com/j/1495106707> | Call In 720-961-5043 | Meeting Number 149 510 6707

Northglenn Virtual Sculpture Tour – Take an online tour through all sculptures in Northglenn, Colorado dedicated by the Northglenn Arts and Humanities Foundation (NAHF) including sculptures from the Art on Parade Program and Commissioned Public Art Piece collections. This week's featured sculpture is Open Space: <https://youtu.be/raZXLzE1xJw>

Live Virtual Monthly Activities – Keep up with our once-per-month activities!

- *Birthday Party/Live Musical Performance* | 2nd Friday, Monthly | 1:00 pm | Meeting # 148 989 9807
- *Spellbinders Live Virtual Storytelling* | 3rd Wednesday, Monthly | 1:30 pm | Meeting # 149 849 4979
- *Coffee with a Cop* | 3rd Thursday, Monthly | 10:00 am | Meeting # 149 510 6707
- *Northglenn Senior Book Club* | 4th Tuesday, Monthly | 1:00 pm | Meeting # 399 687 0595

Celebrity Corner – Willie Mays spent the majority of his MLB career as a center fielder with the New York and San Francisco Giants. He won two MVP awards and played in 24 All-Star Games. Growing opinion states that he was possibly the greatest all-around baseball player of all-time. He celebrates his 90th birthday on May 6. Here's a look at the legendary life of the "Say Hey Kid." https://www.youtube.com/watch?v=Vc_x-WSIQ_I

Flashback – It was May 6, 1941 that Bob Hope performed his first USO Show. His signature shows included Hollywood performers, comedians, singers, actors and actresses, and led the way for celebrities of every kind to commit to giving their time and talent to service men and women around the world. Hope entertained until December 1990, when he brought laughter and Christmas cheer to troops participating in Operation Desert Shield in Saudi Arabia and Bahrain on his final USO tour. The media dubbed him "America's No. 1 Soldier in Greasepaint." To the GIs, he was "G.I. Bob" and their hero. Here is a performance from his 1969 Christmas Show. <https://www.youtube.com/watch?v=nPMDkYp4-o8>

Travel – Michael Palin is most well known for being a member of *Monty Python's Flying Circus*, but he has also produced many amazing travel films. He turns 78 on May 5 and has plans for additional travel films once COVID travel restrictions are lifted. Check out this documentary from 1990, *Pole to Pole* <https://www.youtube.com/watch?v=T8kJ9DXKhZ4>

Cinco de Mayo – We have all heard of Cinco de Mayo, but why exactly is it celebrated? <https://www.youtube.com/watch?v=Z2XxRi6CpVg>

Low Income Tax Assistance – Tax assistance is being offered by two locations. Income cannot exceed \$57,000 for both locations. Tax forms are available at Anythink Libraries.

1. *Adams County Treasurer's Office* | Leave a message at 720-523-6771. They will call you back to make an appointment to drop off your taxes. | 4430 South Adams County Parkway, Brighton
2. *Front Range Community College* | Saturdays from 9am to 3pm | 3445 West 112th Ave (Entrance 7 on east side of building, Room B1701), Westminster | Phone 303-404-5000

Need a Furry Friend? – The Adams County Riverdale Animal Shelter is currently offering contactless virtual adoptions by appointment. For more information on the virtual adoptions process go to <https://animalshelter.adcogov.org/adoption-process>

Life Long Learning – Get up to speed without leaving home by attending AARP Driver Safety's NEW Live Virtual Workshops and learn how to get where you're going safer, easier and smarter. With their virtual workshops, you can get all your transportation questions answered in real-time. Or, learn when it works best for you with our self-paced online workshops https://campaigns.aarp.org/ads-online-events/?CMP=EMC-EDO-DIS-ACQ-ADS-APR_VIRTUAL_EVENTS_GENERAL-1037602-1413804-04152021_Hero_HDR_Auto-5387362&encparam=VtvJ9HDLC+kVqGRvGjm31keckpNK9N8OVY+uneROMk0=

Colorado Gardening – Spring is in the air and although their office is closed Colorado Master Gardeners are still available and eager to help answer your yard and garden questions. Email adamscocmg@gmail.com and they'll get back to you as soon as possible. CMGs will be checking email at least every Monday, Wednesday, and Friday.

Anythink Libraries – All Anythink libraries are open to the public during special hours. You're welcome to visit, explore, browse and relax in their spaces. To help keep each other safe, please remember to take note of our special safety precautions:

- Masks are required per Colorado state mandate. Free masks are available at all of our locations.
- Please maintain six feet distance from your fellow Anythinkers.
- So that everyone can enjoy the library, Anythink is encouraging customers to limit their visits to 60 minutes.
- Check it out: Contact-free checkout options are available.
- For those who prefer our contact-free curbside services, don't worry – they'll still be available when the libraries are open.
- Safe travels: All returned library materials will be quarantined for up to one week before being handled with care by staff.

WindowSwap – Need a change of scenery? WindowSwap is here to help! You can shuffle through views from around the world and pretend you're quarantined in Paris, London, San Francisco, and more! Full video window views include sights and sounds from each unique scene. Take in the ambiance of a new location and enjoy a mental vacation this week. <https://window-swap.com/>